



Slim to Win For Me!



Lehi Legacy Center
123 N Center St.
801-768-7124

LEHI LEGACY CENTER SLIM TO WIN FOR ME! 2012

Lehi's weight loss contest *****Self-guided*****

This contest is a self-guided weight-loss program for anyone wanting to lose 25 pounds to 100 pounds. The motivation is to do it for yourself. Participants can receive weekly fitness and nutritional tips from our Slim to Win Facebook page. The official weigh-in will be Saturday, February 18th at 9 am with a final weigh-in on Saturday, November 17th, the weekend before Thanksgiving:). The participant with the most weight lost will receive a prize at the final weigh-in.



✕QUICK FACTS

WhatWeight Loss Contest (Self-guided)
WhereLehi Legacy Center
WhenRegister by February 17 @ 6pm
Who16yrs and older
Fee\$50
IncludesWeekly fitness and nutritional tips
body testing (before and after)

Top Prize
\$300
Travel voucher

INFORMATION

Start Date February 18th –First weigh-in- Sat @ 9am (Legacy Center) must fast 4 hours before weigh-in.
End Date November 17th – Last weigh-in-Sat @9am weigh-in- Sat @ 9am (Legacy Center) must fast 4 hours before weigh-in.

REGISTRATION

Register in person at the Registration office @ the Lehi Legacy Center.
Monday-Friday from 8am to 6pm

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